



"Track Town, USA"

Follow the "Tracks" of the WOC Nurse

THURSDAY, October 15

PRE CONFERENCE

Fee, Time and place TBD

Soft Total Contact Cast Offloading Technique
<http://www.fight4myfeet.com/hcp/index.html>

Mary Nametka, MSN, RN, CNS,
 CWS, CWCN, FACCWS, FNP-C

CONFERENCE START

4:00-9:00

Sign-In and Pick Up Registration Packets

No onsite registration

4:00-6:00

Get a Head Start on the Exhibits

Sneak Peak with Vendors

7:00-9:00

Racing Around the Track

Vendor sponsored wine, cheese and entertainment?

Reception with exhibitors

FRIDAY, October 16

7:00-9:00

Breakfast with Champions

Breakfast with Vendors

9:00-11:00

Lymph to the Finish Line

John Beckwith, PT, CLT-LANA

What's Lymph Got to do with it?!

Norton School Primary Instructor

Lymphedema techniques for wound care specialists.

11:15-12:45

Back to the Track

Lunch provided

Vendor exhibits open

12:45-1:45

Get the Scorecard on Burns

Curtis Ryun, RN

Burns are wounds, too

Education and Outreach

Burns – making those difficult decisions

Coordinator

1:45-2:45

Put Your Best Foot Forward

Oregon Burn Center

Increasing movement and speeding recovery

Melanie Carlone, PT

2:45-3:15 Break

3:15-4:15

Triumph Over Hurdles

Cindy Arrowood, MSN, ACNS-BC,
 CRRN, CWOCN

Continence Education for Spinal Cord

Injured patient

4:15-5:15

Getting From There to Here

Deb Christensen

Panel presentation of history of WOCN in Pacific Northwest

Vicki

Bernie

5:15 – 5:30

And the Winner is.....

Presented by NWRegion WOCN Society

Outstanding WOCN Award

6:00-9:00

The Winner's Circle

Vendor Exhibits, Heavy Hors d'oeuvres/ Wine,

Celebrating and Sharing Success

Youth Rally Auction

SATURDAY, October 17

7:00-9:00	Breakfast with Champions	Breakfast with Vendors
9:00-10:00	Team Meeting Regional Business Meeting	All Welcome
10:00 – 11:00	Staying in the Race Recertifying with PGP	Cathie Potts, RN, BSN, CWOCN Nicole Kindel, RN, BSN, CWOCN
11:00 – 12:00	We Want No Pain with Our Gain Compounding for Topical Pain Relief	Anne Harthman, Pharmacist Broadway Apothecary
12:00 – 1:00	When it Seems Like All is Lost Fecal Incontinence and Surgical Interventions	Duc M. Vo, M.D. Surgeon
1:00	Wrap up: Evaluations completed and CEU certificates presented	

POST CONFERENCE WORKSHOP

2:00 – 5:00	<p>Hands-on Sharp Debridement Skills Lab Dr Julia Overstreet This hands-on sharp debridement workshop will give you the skills to begin or improve your wound care sharp debridement protocols. We will use appropriate instrumentation including scalpels, iris scissors and sharp curettes.</p> <p>Each student will have their own equipment and pigs hock for the exercise. You will find tendons, ligaments, nerves and blood vessels. Learning to differentiate these structures and handle them properly is the art and skill of competent sharp wound debridement.</p> <p>3.0 CNE awarded for successful completion</p> <p>Fee: \$200.00 (includes \$50.00 lab fee) Register at: www.RainierMed.com</p> <p>Separate registration is required.</p>
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